

IAD2022



IAD for Families impacted by AS

Families impacted by Angelman syndrome can choose to participate in International Angelman Day (IAD) in several different ways. Here is a list of ideas for you. Please pick something that will be the least stressful for you to do, and also the most fun!!

A. FIRST CONTACT YOUR NATIONAL ANGELMAN ORGANISATION

All families should **first** contact your own country's AS organisation to find out if they have already planned a national IAD campaign!! If they have, PLEASE support this!

(If you are involved in either establishing your national organisation, or actively supporting their regular activities and fundraisers, you may already be involved in the national campaign activities).

B. SUPPORT YOUR FAMILY MEMBER WITH AS

You could also choose to support your loved one who has Angelman syndrome, to celebrate this day in their own way. People with AS have an important role to help raise awareness, but they need the extra support in order to actively participate. Read the Toolkit for ideas about **IAD FOR PERSONS WITH AS.**

C. ORGANISE A LOCAL IAD EVENT IN YOUR COMMUNITY

1. Is there a well-known landmark in your town/city/state that you could apply to LIGHT UP

IN BLUE for International Angelman Day? Many families around the world have done this successfully. More on our website: <https://www.angelmanday.info/lnadmarks-lit-blue>

2. Arrange for your workplace or local sports or community group, to support IAD!!
You could:
 - ask everyone to wear BLUE for the day on Tuesday 15th Feb!
 - Share brochures and information about AS
 - do a presentation about AS during your tea/lunch break
 - put out a donation box for fundraising for your national AS organisation
 - ask everyone to share IAD posts from the IAD FB page, using the hashtags:
#IAD2022 #AngelmanDay2022And always include a link to the donation page of your national AS organisation.

3. Connect with other AS families in your region via FB groups, and arrange to celebrate a picnic together! It could be somewhere fun that involves water – a splash pool, indoor swimming centre, aquarium, or a water adventure park. Make sure there are enough adults present to help supervise the children.

4. Browse through the photos in our website galleries for more fun ideas on how you could support IAD.

5. *PLEASE note – You **must** adhere to the rules in your country, regarding public fundraisers. Let your national AS organisation know if you are collecting funds for them, so they can endorse any public statement you make (e.g., claiming where funds are going) and the use of their logo.*

Whenever you ask the general public for donations there are legal implications that require accurate monies-recordkeeping.

