

# IAD 2022



## IAD FOR PERSONS WITH AS

We want to encourage people with AS to be visible in their community and get actively involved as we celebrate International Angelman Day around the world! – and to confidently step out into the public arena, with the support of their families and friends.

Here are a few ideas!

1. Make a cake to share with your class and/or your friends



2. Wear BLUE for the day – make a photo frame and share pics on social media



3. Get permission to have a BLUE with WINGS fundraiser at school - share a presentation using AAC and support, and raise funds for your AS organisation

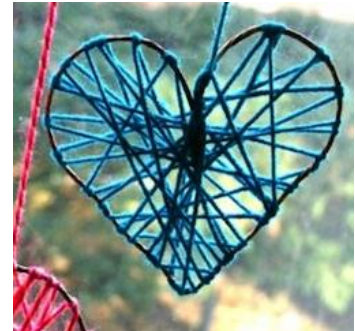


4. Make some 'favours' with sunflower seeds wrapped in BLUE fabric and a short info card about AS, and share them with fellow students and teachers.



5. IAD is the 15<sup>th</sup> Feb – the day after **Valentine's Day**!!

Ask someone to help you make some BLUE string HEARTS to give away, or some BLUE paper roses. Blue roses can symbolise the unique nature of Angelman syndrome and the quest for more research to find therapeutics for this rare condition.



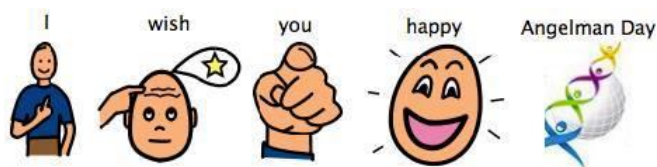
- Due to the absence in nature of blue roses, they have come to symbolise mystery and longing to attain the impossible, with some cultures going so far as to say that the holder of a blue rose will have their wishes granted.
- Accomplishing the impossible, fighting all odds can also be represented by the blue rose. When we choose a path which has an untold, unexplained beginning, our heart gets crowded with feelings which are too deep to be described in words. Such an excitement can also be expressed through a blue rose.

## Paper roses

*made from simple circles of paper*

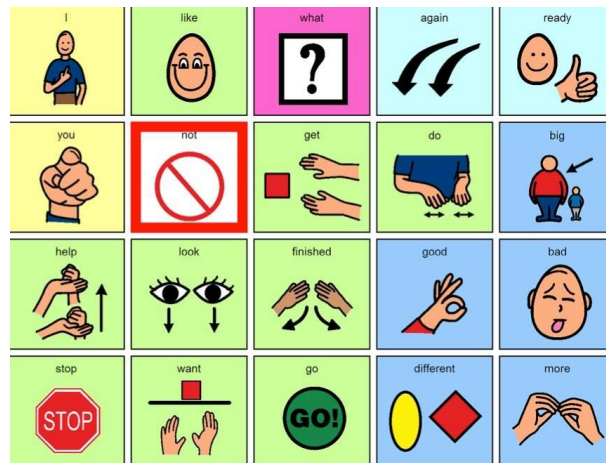


6. Create IAD mission messages on speech devices and share these with your friends/colleagues/classmates



7. Get support from your speech language therapist to create a laminated ALD (Aided Language Display – a low tech communication board) on the topic of International Angelman Day's mission, and share this at school and at home. You could personally hand one to your school Principal!

An ALD for IAD might have the following symbols to explain that you went shopping for food for your IAD celebration picnic party! Or just the symbols for you to say, "I like you!"



8. Celebrate a picnic day with other children and adults who have AS, at a local swimming facility or Splash pool (if it is Summer) – or at a sensory museum or indoor aquarium, if you live in a colder climate.
9. Make arrangements to personally deliver information flyers from your AS organisation, to key persons at local hospitals, medical centres and doctor's rooms
10. Make arrangements to personally deliver information flyers from your AS organisation, to your local MP and Mayor! Make sure to get a photo of you both, and post to social media!



**PURPOSES FOR IAD**

The main purposes for International Angelman Day on February 15, are:

<p>Raise awareness worldwide of Angelman Syndrome</p>	<p>Mobilize people to action and encourage fundraising for the organizations in their country</p>
<p>Promote research and educational resources in the organization's own countries</p>	<p>Remember those people with Angelman Syndrome who are no longer with us</p>